957 Sackville Drive Lower Sackville, NS B4E1S2 (902)865-0354 (902)865-0238 (fax)

www.sarahsspiritualtreasures.com

HOURS

Monday - Friday Saturday Sunday

10:30am - 7:30pm 11:00am - 6:00pm 12:00pm - 5:00pm

News Update !!! April 1, 2006

Sarah has received her new Chromalive Colour Pen and is now offering Holistic Colour Balancing:

"To understand the effectiveness of Chromalive Colour Therapy, one must realize that intelligence exists within the body and beyond human comprehension. Every cell at the DNA level communicates with other cells through a sophisticated language of colour light. By using the universal language of colour, imbalances within the body - which exist at the molecular level - can restore health to each cell. Chromalive Colour Therapy uses an advanced treatment that can improve one's overall wellbeing by balancing the body's natural energy frequencies. Chromalive Colour Therapy helps restore mental, emotional, and physical equilibrium."

Stop by for more info!!

We are now carrying samples of aromatherapy from Casaroma! Stop by for pricing and availability. Orders will be taken at Sarah's relayed to Casaroma. Orders will normally be delivered and available at Sarah's with 24 hours for pickup. This service

would also be useful if you live near Sarah's and are a regular customer of Casaroma's. At \$1.10/litre, it can save you time and gas money driving to Dartmouth!!

Laura Smith was the winner of our "free pendulum" contest. Our new contest is for a set of TINGSHA's. We will be drawing on April 29th at closing time! Drop in and put your name down for our draw today! Every time you visit you can enter your name, no purchase necessary!

We have many new gemstones in stock; see our web site (Merchandise) for a complete listing of all stones & crystals that we currently carry.

Try our "Chakra Blends Energy Cleanser" specially created by Casaroma Wellness Centre (www.casaromawellness.com) to help in the clearing of energy blocks in your Aura. At a price of \$10.99, it's a steal!! Also, we are now offering a spray, also specially designed by expert aromatherapists at Casaroma, as a "Purification Spray" for rooms and self. This spray is available exclusively at Sarah's and Casaroma. It has a nice, gentle aroma and will surely clear your area of those negative "cooties". All this at an exciting low price of \$10.99

Enjoy a "Color Bath" (www.colourenergy.com) in any of the seven chakra colours for a relaxing, yet stimulating bath experience. Also available is Turquoise for Communication, Confidence and Oratory as well as Pink for Love, Consideration and Kindness. With the help of Casaroma, we have matched each of the seven chakra baths with matching aromatherapy and a gemstone. These "Kits" are available for only \$6.95!! Enjoy a little piece of Heaven today!

Sarah is now offering a new service: "Clean & Activate Your Aura, Chakras and Energy System". Drop in for more information!!

Don't forget to check out our website at www.sarahsspiritualtreasures.com!

Schedule of Events

April 6th, Thursday (7:00pm - 9:00pm)

Angela & Anna from "Divine Connections"

(www.divineconnections.ca) will be back once again to put on an "Introduction to Shamanism" Information Session. This will include teaching on smudging as well. The price is \$25 and space is limited! Call "Sarah's" to book now (865-0354)!

April 7th, Friday (3:00pm - 7:00pm)

Kelliena will be here again to do Psychic Readings. She is doing 20, 30 and 60 minute sessions for \$20, \$30 and \$60 respectively. Kelliena gives truly amazing readings with over 7 years of experience! The session can be recorded at your request for an additional \$3. Call "Sarah's" to book now (865-0354)!

April 8th, Saturday (11:00am - 6:00pm)

Sarah will be offering \$1/minute Reconnective Healing "sampler treatments" and NEW \$1/minute Colour Healing with the Chromalive Colour Pen (see above). Come in and be amazed!! No appointment necessary, just drop in. Call "Sarah's" for more information (865-0354)!

April 9th, Sunday (2:00pm - 4:00pm)

Sarah will be putting on a course on "Healing Your Chakras with Colour & Crystals" from 2-4pm. Learn how to use colour and gemstones when working on your Chakras!! Detailed manual provided! Call "Sarah's" to book now (865-0354)

April 14th, Good Friday CLOSED

April 15th, Saturday (11:00am - 5:00pm)

Sarah will be putting on a REIKI Level I Course. There will be a limit of 4 people to "maximize learning" and "minimize confusion". Continued follow-up after the course is not only encouraged, but expected in order to be sure that students understand the concepts and principles involved. Detailed manual provided! Call "Sarah's" to book now (865-0354)

April 16th, Easter Sunday CLOSED

April 20th, Thursday (7:00pm - 9:30pm)

Angela & Anna from "Divine Connections"

(<u>www.divineconnections.ca</u>) will be here to put on a course on "Divination" for \$25. This is an experiential workshop to show you that you are psychic too! We will lead you through some fun exercises to encourage the intuition that we all have to flow through you. If you think that you are not psychic or intuitive and you want to be, this class is for you. Plus, you will have a lot of fun! Call "Sarah's" to book now (865-0354)!

April 21st, Friday (3:00pm - 7:00pm)

Kelliena will be here again to do Psychic Readings. She is doing 20, 30 and 60 minute sessions for \$20, \$30 and \$60

respectively. Kelliena gives truly amazing readings with over 7 years of experience! The session can be recorded at your request for an additional \$3. Call "Sarah's" to book now (865-0354)!

April 28th, Friday (3:00pm - 7:00pm)

Kelliena will be here again to do Psychic Readings. She is doing 20, 30 and 60 minute sessions for \$20, \$30 and \$60 respectively. Kelliena gives truly amazing readings with over 7 years of experience! The session can be recorded at your request for an additional \$3. Call "Sarah's" to book now (865-0354)!

April 30th, Sunday (2:00pm - 4:00pm)

Sarah will be putting on a class on how to make your own personalized Healing Kit! The type of kit (Healing, Stress, etc.) will be chosen by you and made with stones in the store. The cost of the course is \$25 and includes all materials. Call "Sarah's" to book now (865-0354)

May 7th, Sunday (1:00pm - 3:00pm)

Because of continued interest, Kelliena will be putting on another Tarot Reading class; Level I. Anyone interested in learning the Tarot should sign up by calling Sarah's at (865-0354)

Stay tuned for more "News Updates" as new items arise or if there are any changes to the current schedule. Don't forget to drop by and have a tea and a treat.

Hope to see you soon, Sarah Findley RH, INHA & Tom Findley