



957 Sackville Drive Lower Sackville, NS B4E1S2 1(888)865-0354 (Toll Free in Canada) 865-0354 (Local) (902)865-0238 (Fax) www.sarahsspiritualtreasures.com www.sstonline.ca	<i>HOURS</i>	
	Sunday Monday Tuesday - Thursday Friday Saturday	CLOSED CLOSED 10:00am - 6:00pm 10:00am - 7:00pm 11:00am - 6:00pm

News Update August, 2012

RENOVATION UPDATE!

All renovations are complete!
The Classroom / Workshop is ready to go!
We have pushed our "Grand Opening" off until vacations are over,
likely around mid-September.!

Since Sarah's course on Mastering Mediumship with James Van Praagh, she has been busy, busy, busy! She has learned many new things and her Medium Sessions are more detailed than ever! For those not sure of the difference: Psychic Readings give information obtained through "psychic" methods, such as oracle/tarot cards, divination or psychometry, for example. Medium sessions give information directly from loved ones on the other side. James Van Praagh suggests that Mediumship Sessions be valued at a higher amount because of the higher level of detail conveyed in the session, however, Sarah has decided not to increase her prices at this time.

Have you or your loved one been diagnosed with High Blood Pressure? Are you suffering from Anxiety or Depression? Have you been told you should Meditate but you don't know where to begin? Here's your answer. Sarah's Spiritual Treasures is pleased to introduce you to Michelle Anstey of Everyday Divine. Michelle is presenting a 10 hour course over 5 ½ weeks which will teach Beginners the basics of meditation as well as breathing and relaxation techniques which will improve the mind, body and soul culminating in a meditation practice that will support you for a lifetime.

Classes will be held at Sarah's Learning Space, 957 Sackville Drive, on Mondays and Thursdays.

Early Fall Meditation Program Starts Monday September 10 (excluding Monday, October 8) and ends October 15 (10 sessions). Times: 7pm-8pm each night, 10 spaces available.

Cost \$295

for more information or to register please call 902-441-6069 or email newspirit3636@gmail.com

If you haven't already, please "LIKE" our Facebook Pages:

www.facebook.com/sarahsspiritualtreasures

and

www.facebook.com/sarahsspiritualguidance

Just a reminder that we are now closed on **Mondays AND Sundays.**

If you would like a personal reading from Sarah,
call the store anytime to set one up or
just "drop in" to see if she's available!!
1-888-865-0354

Our [CALENDAR](#) this month features the following:

- Sarah will be putting on a **Pendulum** class on Aug 10th from 5-7pm (\$30).

- Sarah will be putting on a **Chakra & Gemstones** class on Aug 17th from 5-7pm (\$30).
- Sarah will be putting on a **Level I Reiki** class on Aug 19th from 1-5pm.
- Sarah will be putting on a "**Let's Talk Spells**" class on Aug 24th from 5-7pm (\$30).
- Sarah will be putting on a **Level II Reiki** class on Aug 26th from 12-6pm.
- Sarah will be putting on a "**Power of Thought**" class on Aug 31st from 5-7pm (\$30).

If you're looking for a course that's not scheduled, give Sarah a call and she will schedule one at a time that's convenient for you! For a list of classes, see the website.

To check the Calendar for dates & details, click on "[ME](#)"

We have a book in the store by local artist/author Elaine Jensen. It's a children's book about Fairies and it's only \$10. Elaine has also started a new website at www.magiceasel.ca. Check out her beautiful artwork!!

Support a local author and drop in to pick up Elaine's book today!

Our "[Merchandise](#)" is listed on the website! ***Stock will change daily so please call to verify.*** If there's something in the store that you want but can't come get it, let me know and I'll ship it to you! If we don't have what you're looking for, we'll do our best to find it!

We have dozens of suppliers all over the world.

Hope to see you soon,
Sarah Findley **RH, INHA**
& Tom Findley